



# *Granite State Independent Living's* **Peer Support Group**

*All are Welcome!*

A service of  
Granite State  
Independent  
Living & the  
New Hampshire  
Chapter of the  
National Spinal  
Cord Association

If you would like to  
join or have questions,  
please contact:

Jennifer Crowell  
Peer Mentor Coordinator  
NHNSCIA, a program of GSIL  
Long Term Support Dept.  
Direct: (603) 413-6509



Every Friday  
3-4pm  
Via ZOOM

Visit us at [www.gsil.org](http://www.gsil.org)

 Find us on Facebook!



United Spinal Association offers support groups for  
people with disabilities, their families, and caregivers.  
<https://unitedspinal.org/peer-support-groups>

For any other information regarding Peer Support Groups or GSIL's services, contact:  
Alexandria Teixeira, [ateixeira@gsil.org](mailto:ateixeira@gsil.org), (603) 856-6468