In-home aide newsletter- October 2015 POST-TEST on Fall Prevention

Name: ____________________________     Date: _________________

Circle True or False:

1. A Home Care client who has a history of falls is not at risk of falling again.
   True              False

2. Poor vision can increase a person’s risk of falling.
   True              False

3. A Home Care Client’s environment does not have anything to do with a risk of falls.
   True              False

4. Proper lighting in a client’s home is an important factor in falls prevention.
   True              False

5. Most hip fractures among older adults are caused by falls.
   True              False

6. The risk of falling increases after an elderly individual comes home from the hospital.
   True              False

7. One out of three people 65 and older fall each year.
   True              False

8. Older adults with a physical disability are at greater risk of falling than older adults without a physical disability.
   True              False

9. Rushing to the bathroom, especially at night, increases the chance of falling.
   True              False

10. Most falls are caused by a single risk factor.
    True              False