In-home aide newsletter- October 2015 POST-TEST on Fall Prevention ANSWER KEY - ANSWERS AT BOTTOM OF TEST

1. A Home Care client who has a history of falls is not at risk of falling again.
   True          False

2. Poor vision can increase a person’s risk of falling.
   True          False

3. A Home Care Client’s environment does not have anything to do with a risk of falls.
   True          False

4. Proper lighting in a client’s home is an important factor in falls prevention.
   True          False

5. Most hip fractures among older adults are caused by falls.
   True          False

6. The risk of falling increases after an elderly individual comes home from the hospital.
   True          False

7. One out of three people 65 and older fall each year.
   True          False

8. Older adults with a physical disability are at greater risk of falling than older adults without a physical disability.
   True          False

9. Rushing to the bathroom, especially at night, increases the chance of falling.
   True          False

10. Most falls are caused by a single risk factor.
    True          False

ANSWERS:
1. False
2. True
3. False
4. True
5. True
6. True
7. True
8. True
9. True
10. False