Looking for More Hours?

4 Easy ways to find more hours:
1. www.gsil.org > Home Care Attendant Hub > Submit your availability
2. Email > mwhittemore@gsil.org
3. Call Maureen Whittemore @ 603-410-6512
4. Search our Job postings at www.gsil.org > Home Care > Attendant Hub > Home Care Job Openings

Kudos Korner

This edition’s winner of the Kudos Korner Award is Shayna Fournier! Shayna was nominated by her consumer because she is a great worker and goes above and beyond for him. So a sincere thank you and congratulations to Shayna for all you do!

Other Nominations for this Edition:

Dolly Batchelder
Sarah-Beth Mancini
Amy Barlow
Brooke Shepard
Heidi Chmielorz
Angie Farnsworth
Melissa Edwards
Jason Gross
Yara Berdecia
Kassandra Stackpole
Elizabeth Erskine
Lorie Brodien

Thank You to all nominees for a job well done!

Do you have a worker who goes above and beyond?
Nomination form available on the GSIL website “My GSIL” portal.
Quarterly Newsletter for GSIL Care Attendants | Winter 2017 Issue

05 APR

You’re Invited!

The 4th Professional Development & Appreciation Day event is just around the corner.

Wednesday, April 5th - Attendant Care Workers from across New Hampshire will be gathering for a day of special appreciation, recognition and professional development activities. Participants will be offered the following valuable trainings:

1. Infection Control, Universal Precautions & Cross Contamination
2. Proper Communications (including Boundaries Training)
3. Hoyer Lift Training

There will be raffle prizes and delicious, homecooked meals. As always, this event is a great opportunity to connect and network with other great workers and consumers.

Best of all? You get paid to attend!

For your convenience, this event will be offered at two *new* locations:

**Northern Region**
Wednesday, April 5th, 2017
11am—3pm
Colonial Town Rec Center
Lancaster, NH

**Southern Region**
Wednesday, April 5th, 2017
11am—3pm
New England College Campus,
Concord, NH

These events have become very popular, and seating is limited, so sign up early!
For more information, check out GSIL’s online Attendant Hub at www.gsil.org or call Cynthia Paris at 603-717-0815.

www.gsil.org | Granite State Independent Living | 603-228-9680

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Share Your Thoughts

We’d like to hear from you!
Share your thoughts & ideas with us around this newsletter and the information you would like to see.

Here are 3 ways you can get involved:

1. www.gsil.org - Submit your ideas on the Comments/Suggestions form located on the Care Attendant Hub.
2. Call Amy Pinette at 603-410-6559.
3. Email us at apinette@gsil.org.

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Information & Referral

Did you know GSIL offers Information & Referral (I&R) services for those looking for resources in the community and information about our services? Most human services agencies and organizations provide I&R services. What makes GSIL unique is that we have a whole department dedicated to this service!

Every state has at least one Center for Independent Living (CIL). For New Hampshire, that is Granite State Independent Living (GSIL). All CILs must provide 5 core services:

1. Information & Referral
2. Advocacy
3. Peer Support
4. Transition Services
5. Independent Living Skills

What is I&R? According to the Alliance on Information & Referral Systems, the I&R is, “the art, science and practice of bringing people and services together. When individuals and families don’t know where to turn, I&R is there for them.”

What type of resources and information does I&R provide? Many resources and services within the community, which may include, but are not limited to: health care options, state assistance programs, low income housing, heating and fuel assistance, caregiver supports and resources for people with disabilities and resources for seniors.

While we may not have all the resources and information available, we will do our best to point you in the right direction to help you explore what your realistic options may be.

10 Ways to Show Appreciation

1. Praise something another person has done well, such as specific actions that you found admirable. Spell out the details and not just, “You did a good job.”
2. Say “Thank You” ...and mean it! Show your appreciation for someone’s hard work and contributions. Don’t forget to say “please” often, as well.
3. Pay attention and engage people in conversation to demonstrate your sincere interest. Call people by name. When you arrive at work, say hello, happy to see you.
4. Be flexible and help others where you can.
5. Never underestimate the value of sharing your time and building relationships. People will appreciate your interest in their ideas and thoughts if you are genuine. Listening, understanding and acceptance go a long way towards building a solid relationship.
6. When you recognize others verbally, write out the recognition, too. Write a note that spells out what the person did, why it is important and how it affected you.
7. Almost everyone appreciates food. Take someone to lunch for a birthday, a special occasion for no reason at all. Let your guest pick the restaurant or order lunch from a restaurant that delivers.
8. Create a fun tradition for a seasonal holiday. Draw names for their gift exchange or celebrate one day out of the week during the holidays to exchange gooey, healthy or scrumptious treats for other groups.
9. Bring bagels, doughnuts or other treats to show appreciation for someone (dentist/doctor’s office, veterinarian’s office, car mechanic are a few places that don’t often get recognized).
10. Never underestimate the power of appreciation. A “Thank You”, coming from the heart, can go a long way! Being honest and genuine when saying those two simple words will brighten the day of any recipient and may, in turn, brighten your day as well!
The ABC’s of What GSIL Offers ACWs

Appreciation

We recognize your hard work and efforts in helping consumers live independently every day… and we will always find ways to say thank you! From Kudos Korner, to Above and Beyond, to our SHINE Program and the Professional Development and Appreciation Day event, we really do notice how much you do. Thank you and keep up the great work! Your dedication is amazing.

Benefits

From tuition reimbursement to health care and more! For a complete list of benefits available to full or part time workers, email mwhittemore@gsil or call Maureen Whittemore at 603-410-6512.

Climbing the Career Ladder

At GSIL, there are always opportunities for growth and advancement. Have you thought about advancing your career? We have promoted many attendant care workers up the ranks and strongly believe in promotion from within. Interested in advancement opportunities? Please check out our career posting on the GSIL website at www.gsil.org/jobs or contact Maureen Whittemore at 603-410-6512 or mwhittemore@gsil.org for more information.

Anniversary Congratulations
(January - April 2017)

To all Attendant Care Workers celebrating a 5+ Year Anniversary!

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