

What is Granite State Independent Living?

Founded in 1980, GSIL is a statewide, nonprofit independent living center whose mission is to promote life with independence for people with disabilities and Seniors through advocacy, information, education and support.

The NHNSCIA is a program of Granite State Independent Living (GSIL).

GSIL Services Include:

- Information and Referral
- Peer Support Groups
- Independent Living Skills
- Home Modification
- ASL Interpreter Referral
- Accessible Transportation
- Personal Care Attendant Programs
- Employment Services, including *Ticket to Work*
- Housing Information & Counseling
- Financial & Budget Counseling
- Advocacy

Contact NHNSCIA

If you are an individual with a spinal cord injury (SCI) or disease, a family member or professional working with individuals with SCI, NHNSCIA is here for you.

NHNSCIA members will help you make sense of what has happened and show you how to work with your new reality. You will benefit from the experience of individuals who have extensive knowledge and an intimate understanding of SCI. You will have access to local and national resources, comprehensive services and peer support.

Contact NHNSCIA today.



NHNSCIA

c/o GSIL

21 Chenell Drive
Concord, NH 03301

(603) 228-9680

(800) 826-3700 (Toll-free)

info@gsil.org

www.gsil.org



New Hampshire Chapter

National Spinal Cord Injury Association (NHNSCIA)

*NHNSCIA is a program of
Granite State Independent Living*



Who We Are

New Hampshire National Spinal Cord Injury Association (NHNSCIA) is a program of Granite State Independent Living (GSIL) and a Chapter of the National Spinal Cord Injury Association (NSCIA). Established in 2000, NHNSCIA empowers and educates newly injured individuals and the thousands living with spinal cord injuries in New Hampshire.

Our Mission

NHNSCIA empowers individuals with a spinal cord injury or disease to achieve and maintain the highest levels of independence, health, wellness and personal fulfillment desired. NHNSCIA serves individuals with a spinal cord injury or disease, their families and the community as a whole.

What We Do

Advocacy

Working at the local, state and federal levels to facilitate systemic change, provide leading-edge disability awareness training, participate in discussions on issues and testify on behalf of legislation which impacts individuals with disabilities.

Educational Opportunities

Opportunity to participate in informative programs related to spinal cord injury

Information & Referral

NHNSCIA provides comprehensive and accurate information about community resources and services.

One on One Visits

NHNSCIA members visit people with a new SCI and help them establish goals and find the resources they need in their early recovery. We continue with on-going support to a level which you are comfortable with

Peer Support

Through NHNSCIA you will hear first hand from men and women of all ages who have been in a situation similar to yours and who are now living full lives.

News and Information

Look for NHNSCIA in *The Granite Slate*, GSIL's quarterly newsletter which provides the latest SCI news in New Hampshire.

If you would like to receive a free copy of *The Granite Slate* by mail or e-mail, please contact us at info@gsil.org.

We Are Statewide

As a program of GSIL NHNSCIA has offices located throughout New Hampshire; Berlin, Dover, Keene, Littleton, Manchester, Nashua and a corporate office in Concord.

Call us at : (603) 228-9680
(800) 826-3700

