

the granite slate

Fall 2011

A publication for consumers and friends of Granite State Independent Living www.gsil.org

Thank You to our Partners and Supporters!



Left: USI New England — 2011 Partnership Award

Since 1997 GSIL has partnered with USI as they understand the nonprofit sector and the nuances of our business so they can advocate on GSIL's behalf. Pictured is Clyde E. Terry, CEO, GSIL and Sean Hood, President USI New England.



Above: Life Coping, Inc. — 2011 Partnership Award
GSIL has had a long, collaborative relationship with Life Coping, a private case management agency who has earned the reputation of being able to successfully handle even the most challenging cases. Pictured is Ellen Curelop, President of Life Coping, with Clyde E. Terry, CEO, GSIL.

Right: Mayor Ted Gatsas — David B. Robar Advocacy Award

As a state senator, Ted Gatsas was instrumental in getting Medicaid to Employed Adults with Disabilities (MEAD) passed. As the mayor of Manchester, he is supportive of the Earn & Learn program, which works with at-risk teens with disabilities. Pictured: Donald and Elaine Robar, Clyde E. Terry, CEO and Mayor Ted Gatsas.



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Think Big!

This is not a time to think small. It is a time to think big and set high expectations for both people with disabilities and well as Granite State Independent Living (GSIL) as an organization as there is still so much work to be done. As we have for more than 30 years, we continue to strive for equality and opportunity for individuals with disabilities so they have the option of full participation in their communities.

According to the latest census, New Hampshire has more than 200,000 people with disabilities. As a state we need to find new ways to engage the potential in all citizens. One way is through new technology and expanded broadband capacity. If we work to close the digital divide for individuals



with disabilities, residents from Coos County to Mt. Monadnock can achieve economic self sufficiency through connectivity.

In this current state budget crisis, we need to push affordable community based care, so

people have the supports they need to have a high quality of life. As an organization, we will do this by planning and delivering a Virtual Independent Living Center (VILC) so we are better able to provide services in this new age of technology. We will be ramping up our new home care license and independent care options program, so individuals with disabilities will have more options to live life they choose to live.

In these trying times, as the state explores going to Medicaid

managed care, GSIL will continue to advocate and be at the table to ensure no harm is done to those who need supports. GSIL proposes a challenge to New Hampshire- join us as we work with partners, policy makers and others to ensure that we are in a better place at the end of 2012 than we were at the beginning. ■

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A publication for consumers and friends of Granite State Independent Living

Editor: Susan Ware Flower

The Granite Slate is published four times a year by Granite State Independent Living. If you do not want to receive this publication, or receive multiple copies, please contact the Editor at 603.228.9680.

The Granite Slate is available in alternate format upon request. Call 800.826.3700. This newspaper is also available on the NFB Newsline — a free service for individuals who cannot read regular newsprint — at 888.882.1629.

“GSIL’s Earn & Learn program has successfully assisted youth with disabilities in developing job skills, re-engaging them with the relevance of education, and providing additional life and soft skills training. GSIL is a vital partner to the future of the Manchester Weed & Seed Strategy, as we work to implement upstream, progressive violence prevention methods in the City of Manchester.”



**— Michelle McCorkle,
Weed & Seed Strategy Coordinator, Manchester, NH**

Large
Print

AD)))

Are you ready to play ball?

GSIL Wheelchair Basketball Fundraiser

April 2012

16 teams of 8 players each.

Want to be a team captain? Call Leslie at
603.228.9680 or email lari@gsil.org



GSIL Launches Exciting New Initiative

NH at Work is a new initiative to provide economic development services for NH citizens. Through NH at Work, GSIL creates more access to economic opportunities for individuals with disabilities and businesses employing diverse workforces. Visit www.NHatWork.com. ■

MISSION STATEMENT

Founded in 1980, Granite State Independent Living (GSIL) is a statewide nonprofit organization whose mission is to promote life with independence for people with disabilities and those experiencing the natural process of aging through advocacy, information, education, and support.

2011-2012 Board of Directors

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LLC

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Interpreter, Memorial High
School

Ken Traum (2012)
Consumer Advocate, NH Public
Utilities Commission

Granite State Independent Living News Briefs

Thank you to More Than Wheels (formerly BONNIE CLAC) for providing an in-service about the work they do to our staff and Benefits Planners.

Warren Nelson, a senior at University of Southern Maine, spent his final summer as an intern at GSIL. During his internship, he got experience working for a nonprofit, did extensive research projects and assisted in development efforts.

We're excited to start another session of SpeechCrafters with

the Concord Toastmasters! This is the third year Toastmasters has generously donated their time to run SpeechCrafters for our staff. Thank you Toastmasters!

Thank you to the Home Builders & Remodelers Association of New Hampshire for again selecting GSIL as the charity beneficiary of Parade of Homes.

FACT: Since the Earn & Learn program started in 2009, 23 at-risk Manchester students have graduated from high school as a direct result of the program

CEO Clyde E. Terry joined Gov. Lynch and other nonprofit leaders on Sept. 20, 2011 to discuss the impact and role of the nonprofit sector. The meeting was organized by the NH Center for Nonprofits.

FACT: A new study from the U.S. Census Bureau states more than 1 in 4 individuals with disabilities live in poverty. Nearly 28 percent of those with disabilities ages 18 to 64 were in poverty in 2010. Meanwhile, the poverty rate for their peers in the general population reached 12.5 percent.

GSIL has been recertified by the Bureau of Elderly and Adult Services (BEAS), Department of Health and Human Services (DHHS) as an Other Qualified Agency pursuant to RSA 161-I and He-P 601. GSIL will continue to provide excellent services to individuals with disabilities through its Personal Care Services Program.

GSIL is now a Non-Emergency Medical Transportation / Medicaid provider (NEMT). We now provide wheelchair accessible transportation for non-emergency medical appointments to eligible Medicaid recipients. We serve a 20 mile radius from Concord, including Manchester and 38 other communities in the region and specialize in long distance medical appointments. Call 603.228.9680 for more information.



We are grateful for the generous donation from the employees of Associated Grocers (AGNE), through the Community Connection program. Through this employee and company funded charitable giving program, AGNE employees determine which nonprofits will receive donations.

GSIL staff attended an information session and tour of the Next Step Amputee Care Center, 155 Dow Street, Suite 200, Manchester, NH. Next Step is a practitioner-owned and operated company with a reputation for personalized care and high-quality orthotic and prosthetic services.



Debbie Anderson, ICO Manager, and Jodie Novak (pictured above), GSIL staff interpreter, attended the National Council on Independent Living (NICL) conference in Washington, DC and represented NH in the march to the capital and rally, visited with legislators, and attended workshops.

GSIL Now Offers Home Care

GSIL offers trusted, compassionate home care at affordable rates. We are not a franchise, but a locally managed nonprofit who is the largest employer of personal care attendants in the state. Our Home Care program is run by an on-staff registered nurse who will work closely with you to create a custom comprehensive care plan tailored to you and your loved one's needs, ensuring the highest quality care.

Free, in-home consultation:

Our no-obligation, face-to-face meeting in the home allows us to better understand your needs and expectations in order to ensure a compatible caregiver match.

Services we provide:

GSIL Home Care provides non medical personal care and/or homemaker services, a wide variety of comprehensive services which includes schedule management, back up contingencies, supervising care and caregiver training.

Our caregivers provide:

- errands, grocery shopping
- personal care including hygiene: bathing, dressing, assist with transfers,

- companionship
- respite care
- meal planning and preparation
- light housekeeping
- skin care

GSIL Home Care is available 24 hours a day, 7 days a week—days, nights, weekends and holidays. We can meet your every non-medical home care need. Our caregivers are interviewed and carefully screened (criminal and driving checks). They are trained in accordance with state regulations and receive tuberculosis (TB) tests. Additionally GSIL provides ongoing training programs for all workers.

GSIL provides direct supervision

- Professional supervision of employees
- Daily caregiver reports
- 24 hour on-call assistance
- Replacement caregiver as needed

Call 603.228.9680 or 800.826.3700 today. ■

Classifieds

Mobility Equipment

Power Wheelchair: Invacare Storm TDX3. In great condition, needs batteries. Asking price \$3,500. Contact Shawn at sepaige2k10@gmail.com

Manual Wheelchair: "Breezy 600" lightweight folding 28 lbs. (leg rests detach), 16" x 16" seat, with "Roho Nexus Spirit" seat cushion by Crown Therapeutics, which combines foam with multiple air cells (air pump incl.). Asking price: \$375. Contact Frank (603) 528-0159

Power Wheelchair: Jazzy 600 with 6 wheels and joystick. Color is Candy Red Apple. Weight capacity is 300 lbs. Brand new and never used with warranty. Asking price: \$1,200. Contact Thomas at (603) 475-3848

Scooter: Viper Blue Pride Hurricane. Asking price: \$1,500. Call Joe at (603) 286-2492

Scooter: Red Odyssey. Asking price: \$1,250. Call Joe at (603) 286-2492

Power Wheelchair: Black 2001 Nutron R32, 350 Watts and very good condition. Measurements: floor to top of seat: 38", seat L-r 16", seat front to back 17.5", seat to floor 17". Includes battery and charger, removable foot plates and arms, joystick: two positions, and seatbelt modified and upgraded in 2010 with new seat, back, foot plates, and anti-tips bars. Asking price: \$500. Contact Jennifer at JenniferDominick@comcast.net

Power Wheelchair: Invacare Pronto M91 TRX. Joystick, tilts, reclines, pushrod leg-rests. Two batteries and manual included. Excellent condition. Asking Price: \$3,300 Contact John at (603) 440-3018

Power Wheelchair: Brand new batteries and charger. Red powered chair. For larger person. Asking price: \$2,000 or best offer. Contact Connie at (603) 643-2491

Scooter: Pride Victory XL4 Scooter. Two new batteries. Asking price: \$1,200. Contact Theresa at (603) 444-5629

Power Wheelchair: Standard Jazzy, Medium Grade, 6 wheels. Weight capacity, 300 lbs. Asking price \$2,000 or best offer. Contact Bill at (603) 938-5383

Home Access

Stand Machine: Invacare Reliant RPS350. Weight capacity 350 lbs. Includes a sling, two electrical batteries and charger. Brand new condition. Asking price \$900. Contact Kathryn (603) 948-2416

Power Lift and Recline Chair: 3-5 years old, for larger person, navy blue and Golden Brand. Asking price: \$350 Contact Jan at (603) 893-6016

Transfer Bench: for bath tub with back rest and tub feet suction cups. Asking price: \$45. Contact Frank (603) 528-0159

Walker: Aluminum with adjustable legs. Asking price: \$15 Contact Frank (603) 528-0159

Hospital Bed: Twin sized electric bed. Like new condition. Height adjustable with railings, wheels and a crank. Asking \$300 or best offer. Contact Ruth at (603) 425-8140

Hoyer Lift: Manual Medline Hoyer Lift; maximum capacity 400 lbs. In brand new condition. Ask for Jerry at (603) 228-6331

SuperPole with SuperTrapeze: Qty. 2. Triangle handles, provides assistance in standing or sitting up in bed. Durable steel with white coating. Asking price: \$175 each Contact John at (603) 440-3018

Lift Recliner: Color green. Large contoured seat and back with lumbar support. Fire retardant foam, fabric padded arms for comfort. Tilts and swivel with tension control. Paperwork included. Asking price: \$450 Contact John at (603) 440-3018

Stair Lift: Ameriglide Electric Powered Stairlift- like new-only used during summers- 3 years old. 300 lb capacity, right side orientation, 148" length, Call for specific measurements. Asking Price: \$1,500. Contact Ginny at (781) 648-8854 leave message

Ramp: Aluminum ramp for a house. With railing and approximately 25 feet long. Less than a year old and used very little. In good condition. Asking Price: \$1,500 or best offer. Contact Suzanne at (603) 332-6310

Portable Overhead Lift: Voyager Portable Overhead Lift with a single track system. With sling, two batteries with charger, two posts and one track and the lift. Unit is about three years old. Soft start and stop for safety and comfort, quick release strap, emergency stop and lower and dual controls. The weight capacity 440 lbs. Asking price: \$2,000. Contact Derek at derek.stcy@yahoo.com

Shower Chair: Asking price: \$40. Contact Theresa at (603) 444-5629

Standing Machine: Lift and transfer device. Free. Contact Theresa at (603) 444-5629

Classifieds

Portable Ramp: 6 feet aluminum ramp that folds up in the middle, with a handle. Asking price: \$300. Contact Bill at (603) 938-5383

Accessible Vehicles and Vehicle Modifications

Vehicle Platform Lift: Bruno SVL 6900. Like new, curbside lift, bar attached to lift. Weight capacity 400lbs. Asking Price \$2,500. Call between 2:30pm – 8pm. Contact Gerri at (603) 588-2620

Wheelchair Accessible Van: 1999 dark green Dodge Caravan. Hydraulic kneeling system, automatic ramp entry, 6 way driver seat and hand-controls. 65,000 miles. Needs some work. Asking price: \$5,000. Contact Constance at (603) 226-1967 ID# 0611-2

Accessible Truck: 2005 Chevrolet black SS Silverado. It has hand controls installed. Professionally installed airbags (allowing you to lower the vehicle with the flip of a switch for incredibly easy access). Rear door opens for storing a collapsible wheelchair. Comes with stylish chrome wheels (as well as the factory originals). Asking price: \$19,500. Contact David at (603) 682-5547

Wheelchair Accessible Van: 2008 Ford Cargo Van. Rear entry with commercial wheelchair lift. Power Train with two year warranty. White with 6,500 miles. Extended and raised roof. Comes with DVD player, radio, power windows, and has air conditioner. Asking price: \$30,000. Contact Linda at (603) 483-8468

Car Topper: Braun car topper. Asking price: \$500. Contact Theresa at (603) 444-5629

Vehicle Hand Controls: 2 sets of hand controls. 16 years old but in working conditions. Asking price: \$10 or best offer each. Contact Theresa at (603) 444-5629

Wheelchair Accessible Van: 2001 Dodge Caravan 1500. Electric Ramp with Tie Downs. 64,000 miles. Asking price: \$15,000. Contact Debbie at (603) 425-2761

Wheelchair Accessible Van: 2005 Chrysler Navigator. Automatic. Tie downs with ramp. Bench seat in back can be removed. Moon roof, DVD player and luggage rack. 64,5000 miles. Asking Price: \$26,000. Contact Kathy at standleygoddard@yahoo.com

Wheelchair Accessible Van: 1996 Dodge Ram 3500. Brand new Braun chair lift. 131,000 miles. Asking price: \$3,000 or best offer. Contact Clarithza at (603) 345-2153

Miscellaneous

Diabetic and Therapeutic Shoes: Eight pairs size 9 D wide, Drew and Pedore shoes for sale. Most worn only once or twice. The Pedores are for sensitive feet; also for people with diabetes. All have a strap with Velcro closing. Colors: black, brown, beige. Price: \$25 to \$50 (original cost \$100 and over). Contact: Trish at (603) 224-7522 or Email: trishchurch@comcast.net

Hand Pedal Bike: Quickie Mach 2, Smooth cranking. Easy shifting, 3 speed bike. Easy to use coaster brake. Angle adjustable, flip-up footrest. Back support and cushion seat. Seat width 15", seat depth 16", back height 15". Color Midnight purple. Will fit teen or small adult. Excellent condition, used very little. Asking price \$1,000. Carlissa at (603) 286-8802.

New Supports

The Peer Support Program will launch a new Peer Support model in January 2012. The new model will include:

- Our existing Advocacy Peer Groups (Nashua Advocates & Seacoast Advocates for Independent Living—SAIL)
- Four regional meetings/workshops a year (educational and social)
- The Annual Statewide Event
- A one-on-one peer mentoring program

The new model will replace the monthly Peer Support Group meetings as they exist now in Concord, Keene, Manchester, Nashua, Seacoast and Woodsville. When this new model starts on January 1, 2012 the existing monthly Peer Support Group meetings will stop.

We have been following other peer support models from around the country and believe that this new model will enrich our Peer Support Program. These new meetings/workshops will be more structured and held in specifically targeted regions to include a more diversified attendance. The one-on-one peer mentoring program is a newly developed addition to expand the venue for the Peer Support Program.

If you have any questions please contact Pam Locke at plocke@gsil.org ■

Granite State Independent Living is unlike any other organization in New Hampshire as its mission and vision can truly change the lives of thousands and improve the quality of life for all. We are honored to include individuals, organizations and companies throughout New Hampshire on our roster of Individual and Corporate Members. We invite you to become a member of our award-winning organization as well.

Thank You to Our Horizon Council Members



Gallagher, Callahan & Gartrell PC



Join Us Today!

Become a member of Granite State Independent Living and help us provide programs, tools and resources that provide people living with disabilities, and those who are aging, opportunities to remain active participants in their communities.

Your membership supports independent living options for New Hampshire residents today and tomorrow. Thank you for your consideration!

1. Select your membership level

- Member \$25
- Supporting Member \$50
- Sustaining Member \$100
- Advocates Council \$250
- Champions Council \$500
- Independence Council \$1,000
- Horizon Council \$2,500
- Granite Council \$5,000
- White Mountains Council \$7,500
- Mt. Washington Council \$10,000

2. Select your payment option

- Check (made payable to **GSIL**)
- MC Visa Amex Exp. Date _____
- Card # _____
- Name on card _____

For online donations, please visit www.gsil.org and click on "Donate Now."

3. Tell us who you are:

Full Name _____

Telephone _____

Address _____

City _____

State _____ Zip _____

Phone _____

E-mail _____

4. Please let us know if you would like your membership to remain anonymous.

Is this a gift in honor of someone?

Is this a gift in memory of someone?

5. Clip and return this form to:

Granite State Independent Living
21 Chenell Drive, Concord, NH 03301
603.228.9680 ■ 800.826.3700

As a 501(c)3 nonprofit organization, contributions to GSIL are tax deductible to the extent permitted by law.

Thank you for your support!